

Danish actress Marie Tourell Søderberg to visit East Village for new book signing and Q&A on the biggest Autumn/Winter trend of 2016

Hygge enthusiast will attend East Village E20 'Makers Market' to sign latest book 'Hygge the Danish Art of Happiness'

Visitors can book FREE tickets to the signing and exclusive Q&A session NOW

Sunday 11th December from 2pm – 3pm



On Sunday 11th December, Marie Tourell Søderberg will be visiting E20 for a book signing and live discussion at East Village's Christmas Maker's Market, from 2pm to 4pm with **FREE entry**.

To celebrate the launch of her latest book, '**Hygge – The Danish Art of Happiness**', Marie will be participating in a Q&A session, hosted by Norwegian blogger – the [Scandinavianist](#), during which she will share anecdotes on how you can be more hygge through delicious recipes, easy tweaks to your home interiors and making time for 'hygge moments' in a busy life.

Marie Tourell Søderberg is a Danish actress and rising star of Nordic Noir whose credits feature stage, TV and film, including a leading role in historical epic 1864. Marie is a hygge enthusiast and has curated her first book on the topic with contributions from everyday Danes and experts. The term Hygge - the Danish art of living cosily - is all about savouring simple pleasures, nurturing and enjoying good times with great people, an ethos with considerable prominence in East Village. This beautifully illustrated and authentically cool Danish guide to 'hygge' is sure to make a perfect Christmas gift for 2016.

Those interested in attending should register for their free tickets here:

Following the book signing and Q&A session, shoppers will also have the chance to buy their loved ones 'hygge' themed Christmas gifts from the East Village Christmas Maker's Market, including Scandinavian homeware from **Att Pynta**, sustainable Scandic-inspired Plywood Christmas Trees by **Kreisdesign**, cosy embroidered slippers from Olive Loves Alfie or a range of Danish ceramics from **SkandiHus**. A selection of Allpress coffee will be provided by **The Bread Station**, in addition to a range of carefully crafted Christmas gifts by **Aerende, BLÅSTA HENRIËT, BRIGGS + SHEARS, Christabel Balfour, Evermore, Inger Studio, Juniper Weaves, Line Dot Studio, Melina Xenaki, MR Studio London, One we made earlier, Ren.London and Worm London**. Visitors can expect all forms of cosiness and conviviality at the market, combining ambient interiors, entertainment, comfort food and stylish gifts – certain to ignite the Christmas feel-good factor.

Top-line information for the Marie Tourell Soderberg book signing and Q&A

Event name: Marie Tourell Soderberg book signing and Q&A at East Village E20

Event summary: This December Marie Tourell Soderberg will be visiting E20 for a book signing and live Q&A at East Village's Christmas Maker's Market, with **FREE entry**. To celebrate the launch of her latest book, '**Hygge – The Danish Art of Happiness**', Marie will participate in a Q&A session, hosted by Norwegian blogger – the Scandinavianist to share anecdotes on how you can be more hygge through delicious recipes, easy tweaks to your home interiors and making time for 'hygge moments' in a busy life.

Location: 6-9 West Park Walk, East Village, London, E20 1DG (Next to Bottle Apostle)

Dates: Sunday 11th December

Times: 2pm – 3pm

Nearest Tubes: Stratford International DLR or Stratford (Central, Jubilee or DLR)

Entry: FREE

Website: www.eastvillagelondon.co.uk

Ticket Link: <https://www.eventbrite.co.uk/e/marie-tourell-soderberg-book-signing-and-ga-at-east-village-e20-tickets-29886766122>

-Ends-

Media enquires:

Hope and Glory PR: 020 7566 9747

Amelia Greenwood – amelia.greenwood@hopeandglorypr.com

Alicia Bult – alicia.bult@hopeandglorypr.com

About East Village E20

East Village E20, the former London 2012 Athletes' Village, is London's newest neighbourhood and first Olympic legacy village on the doorstep of Queen Elizabeth Olympic Park.

2,818 homes are set in 67 acres of breath taking parkland, with more than 25 acres of mature parklands, new parks and open space.

East Village is a thriving place for its more than 6,000 residents and visitors, offering the OFSTED 'Outstanding' Chobham Academy for students aged 3-18 and a state-of-the-art NHS health centre.

Independent shops, restaurants and cafés include independent wine merchant [Bottle Apostle](#), gourmet pizza [Firezza](#), Italian bakery and pasticceria [Signorelli](#), Dalston-origins café [Tina, We Salute You E20](#), family bike store [Pavé Velo](#), beauty salon [Regency Beauty](#), village lifestyle store [Olive Loves Alfie East](#), modern European inspired [Darkhorse Bar / Restaurant](#), Beijing street food [Mamalan](#), contemporary seafood restaurant and takeaway [Fish House](#), London's finest artisan gelato and coffee [LaGelateria](#), fashion-forward, boutique hair salon [Blue Tit](#) and family-friendly gastropub [Neighbourhood](#). East Village services include [Starshine Dry Cleaners](#), [Better Gym East Village](#), [Mail Boxes Etc](#) and [East Village Pharmacy](#).

Positioned next to the world-class sporting venues of Queen Elizabeth Olympic Park, East Village residents have easy access to a further 560 acres of parkland, waterways, and nature trails connected by paths for jogging, cycling and walking.

One of the best connected neighbourhoods in London – now in Zone 2/3 - with Stratford International and Stratford Regional stations offering links to key locations such as the West End in 20 minutes, St Pancras International in seven minutes (by High Speed 1), Canary Wharf in nine minutes and London airports within an hour.

Homes at East Village are available through two landlords:

- Get Living London – rent and manage a variety of East Village homes for rent
- Triathlon Homes - manage the social rent, intermediate rent and shared ownership tenures

Visit eastvillagelondon.co.uk or call 020 3714 8080 to find out more.