



Sports injury clinic Fix opens its doors in East Village



09 May 2017, East Village: East Village, the former Athletes' Village during the London 2012 Olympic Games, has announced the latest addition to its collective of independent shops, bars and restaurants.

Fix, a sports injury clinic, will be opening its second site in East Village this week. Keeping with the Olympic heritage of the area, Fix East Village offers state of the art services for those who want to stay active, healthy and injury free.

Situated next to the world class sporting facilities at the Queen Elizabeth Olympic Park, Fix East Village has an inter-referring team of physiotherapists, osteopaths, massage therapists, acupuncturists and exercise rehabilitation specialists providing a whole team solution for a range of problems - from those minor niggles to more serious injuries. Fix also offers small group high quality Pilates and yoga classes, great for those who like to keep fit and are looking to improve their stability, strength and flexibility through low impact, low risk exercise.

Clinic director and Fix physio Helen O'Neill said: "In my time working with elite athletes I was struck by how effective a team approach could be at resolving injury and improving health and performance. When I returned to the UK from my time working in North America I was inspired to create Fix to offer this solution to people who enjoy being active and feeling their best."

Fix East Village business partner and osteopath Luke Selby said: "The opportunity to set up in the thriving and growing area of East Village, with its Olympic heritage and proximity to amazing sporting venues seemed the perfect fit for the next step in our mission to provide the best physical healthcare to the local community."

Richard Lewis, Retail & Events Manager at East Village said: "We couldn't be happier that Fix has chosen East Village for its newest location. The Olympic Legacy is at the heart of East Village, as is the well-being of our residents, so we are really excited Fix East Village joins our vibrant mix of restaurants, shops and leisure facilities."

As a warm welcome Fix East Village will be giving a £10 discount off all one hour Fix treatments, including physiotherapy, osteopathy, massage and more until the end of May.

To find out more about Fix London, go to <http://www.fixlondon.co.uk/>

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About East Village E20

East Village E20, the former London 2012 Athletes' Village, is London's newest neighbourhood and first Olympic legacy village on the doorstep of Queen Elizabeth Olympic Park.

2,818 homes are set in 67 acres of breath taking parkland, with more than 25 acres of mature parklands, new parks and open space.

East Village is a thriving place for its more than 6,000 residents and visitors, offering the OFSTED 'Outstanding' Chobham Academy for students aged 3-18 and a state-of-the-art NHS health centre.

Independent shops, restaurants and cafés include independent wine merchant [Bottle Apostle](#), gourmet pizza [Firezza](#), Italian bakery and pasticceria [Signorelli](#), Dalston-origin café [Tina, We Salute You E20](#), family bike store [Pavé Velo](#), beauty salon [Regency Beauty](#), village lifestyle store [Olive Loves Alfie East](#), modern European inspired [Darkhorse Bar / Restaurant](#), Beijing street food [Mamalan](#), contemporary seafood restaurant and takeaway [Fish House](#), London's finest artisan gelato and coffee [LaGelateria](#), fashion-forward, boutique hair salon [Blue Tit](#) and family-friendly gastropub [Neighbourhood](#). East Village services include [Starshine Dry Cleaners](#), [Better Gym East Village](#), [Mail Boxes Etc](#) and [East Village Pharmacy](#).

Positioned next to the world-class sporting venues of Queen Elizabeth Olympic Park, East Village residents have easy access to a further 560 acres of parkland, waterways, and nature trails connected by paths for jogging, cycling and walking.

One of the best connected neighbourhoods in London – now in Zone 2/3 - with Stratford International and Stratford Regional stations offering links to key locations such as the West End in 20 minutes, St Pancras International in seven minutes (by High Speed 1), Canary Wharf in nine minutes and London airports within an hour.

Homes at East Village are available through two landlords:

- Get Living London – rent and manage a variety of East Village homes for rent
- Triathlon Homes - manage the social rent, intermediate rent and shared ownership tenures

Visit eastvillagelondon.co.uk or call 020 3714 8080 to find out more.